

# Guide to Schools and Training Courses

## Conscious Living Magazine

### March Editorial Feature

How would you like to reach people who are genuinely interested in utilizing your products, courses and services in Australia and New Zealand? Receive exposure to 360,000 readers over 12 months.

1. **Editorial Profile** about your course in the Conscious Living March Issue Print Magazine – circulation 10,000 in Australia and New Zealand.
2. **Featured Editorial** about your Course in Conscious Living Online Magazine where it will be seen by over 25,000 unique visitors every month with link back to your Online Directory Profile .
3. **Online Directory Profile** – for 12 months in the Conscious Living Online Holistic Directory. Connect clients to your business 24 hours a day 7 days a week 365 days a year! With your own user name and password you can add and update your information, link to your website or even use your webpage profile as a personal website.

Simply supply a colour image plus information about your Course with your contact details and we do the rest!

**Secure Your Editorial before February 28**

**Phone 08 9848 2748 email: [patricia@consciousliving.net.au](mailto:patricia@consciousliving.net.au)**

## Building SUCCESS Step by Step

One of the keys to success is to acknowledge your Self with gratitude and appreciation for every achievement.

How often have you achieved something but have been so focused on the rest of the task ahead that you've brushed aside the smaller success you just achieved? When you race through life without noticing or acknowledging each achievement you negate your success and the positive steps you have just taken towards your goal. You end up feeling overwhelmed, stressed, unappreciated and busy because there is still so much to do.

Let's change the scenario now and imagine that you do acknowledge each step, each hurdle and each achievement with, "Yes. I have achieved something. I am grateful for this outcome. I'll have more of that!" Immediately you have

validated yourself and instructed yourself to keep succeeding. You are building on your success, step by step. You are programming yourself to succeed again and again. Suddenly the load feels lighter, the task ahead seems achievable and success feels inevitable. You have oriented all of you towards your successful outcome.

### Tips for building success:

- Be truthful with yourself and acknowledge what you have achieved and what you could achieve.
- Reward and appreciate your achievements.
- Allow the head and the heart to work *together* towards your goals.

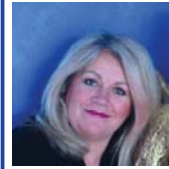
Author Belinda Baillie, Faculty Head of the Insight Foundation's Global



Coach of the Year. This is a testament to her success as a coach and mentor.  
Visit [www.globalcoach.com.au](http://www.globalcoach.com.au)

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### Tune-up with Sound Therapy



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### Psychic Teaching & Tarot Workshops



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### Journey Through The Chakras

With Dr. Ravi Ratan renowned aromatherapist and healer from India, author of "Handbook of Aromatherapy" and co author of "Journey Through Chakras"

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Personal Consultations, Chakra assessment and balancing by appointments only  
For Appointments & Registrations Call Conscious Living 08 9339 0921 or Dr. Ratan - 0402660128

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### Online Colour Therapy Makes it Easy to Learn

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